



OFFICE - ORDER

In continuation to the office order No. JNU/Regr./2023-24/6820(i) dated 19th July, 2023, the Well-Being / Wellness Committee is hereby re-constituted with immediate effect for a period of 2 years as follows :

1. Prof.(Dr.) Manju Gupta, Professor	Convener
2. Prof.(Dr.) Ranjeeta Soni, Professor	Nodal Officer
3. Dr. Ankush Sharma, Professor	Counselor
4. Dr. Pankhuri Saxena, Associate Professor	Counselor
5. Dr. Kavita Sharma, Assistant Professor	Counselor
6. Mr. Nikhil, Assistant Professor	Counselor
7. Mr. Kartikeya, Assistant Professor	Counselor

Objectives of the Well-Being / Wellness Committee are as follows:

- To ensure equitable access to quality mental health services to all the students.
- To promote physical fitness and sports activities for students.
- To create safeguards against academic pressure, peer pressure, behavioral issues, stress, career concerns, depression and other issues on the mental health of students.
- To teach positive thinking and emotions in the student community.
- To promote a positive and supportive network for students.

Sd/-

President

Ref. No : JU/Regr./2025-26/ 9511(iii)

July 21, 2025

Copy for information and necessary action to:

1. P.S. to the Chairperson
2. P.S. to the President
4. Director, IQAC
5. The Registrar
6. Person Concerned
7. All Staff Members by circulation through e-mail


Registrar