

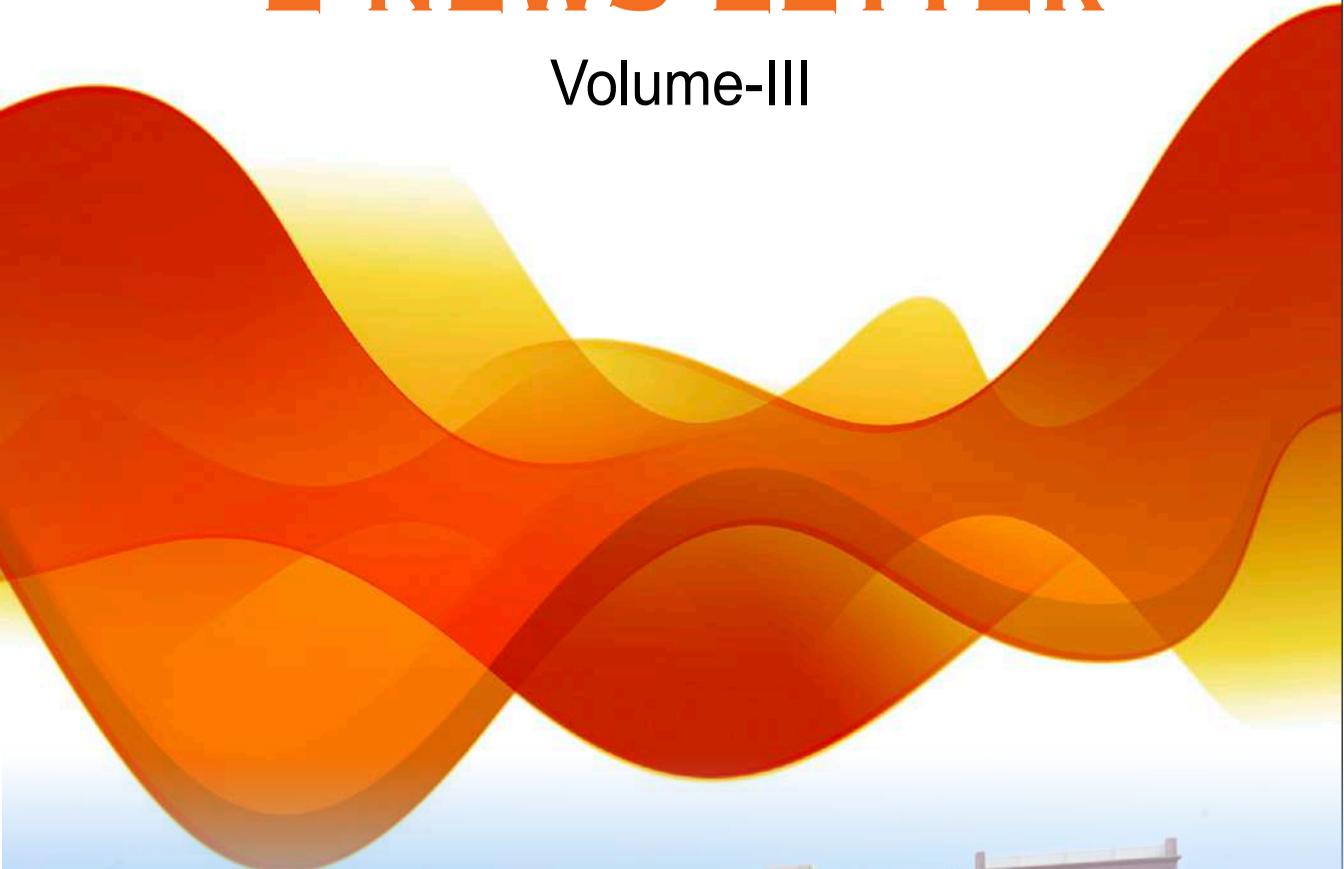


**Jagannath
University**
Jaipur | Rajasthan



E-NEWS LETTER

Volume-III



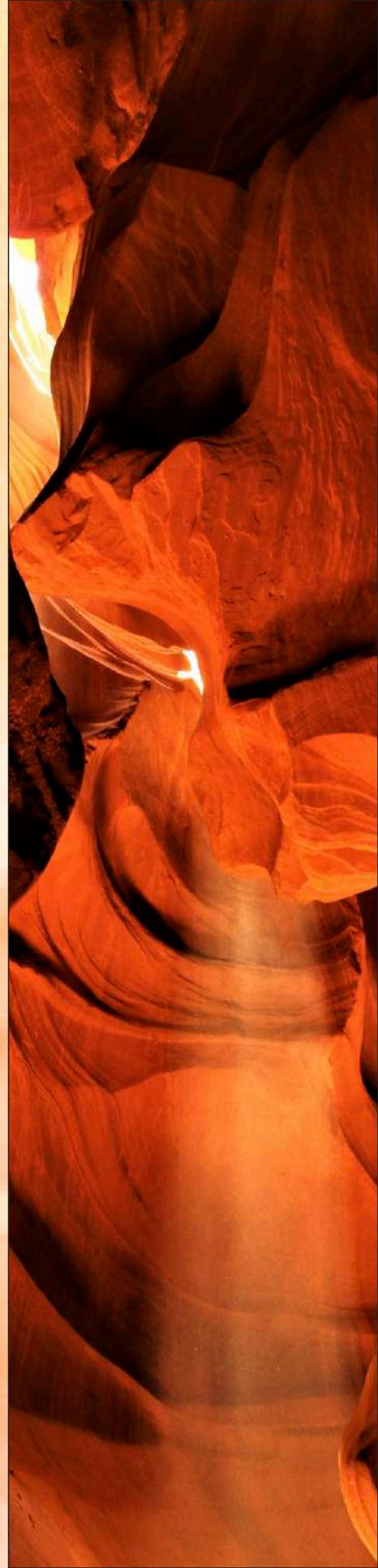
JANUARY - JUNE, 2022





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MESSAGE FROM THE CHAIRMAN



**Jagannath
University**
Jaipur | Rajasthan

Dr. Amit Gupta

Chairman (Chancellor)



“

Dear Members of the Jagannath University, Jaipur Community,
Greetings to all!

It brings me immense pleasure to address you through this edition of the Jagannath University Newsletter. As the Chairperson of this esteemed institution, I take great pride in witnessing the remarkable achievements and progress that our university has made over the past months.

First and foremost, I would like to extend my heartfelt appreciation to our dedicated faculty members, diligent staff, and talented students who have consistently strived for excellence in their respective roles. Your unwavering commitment to the pursuit of knowledge, innovation, and holistic development has truly been the driving force behind our success.

In our pursuit of academic excellence, we also recognize the importance of holistic development. We have encouraged their participation in extracurricular activities, sports, and cultural events, enabling them to develop essential life skills and build a strong sense of community.

As we move forward, I encourage all members of the Jagannath University community to continue striving for excellence, embracing innovation, and contributing to society. Let us nurture an environment that fosters intellectual curiosity, respect for diversity, and a spirit of collaboration. Together, we can create a positive impact and shape a better future.

I would like to express my gratitude to the entire editorial team of the newsletter for their tireless efforts in compiling this edition.

In conclusion, I extend my warmest wishes to everyone associated with Jagannath University, Jaipur. May we continue to embark on this journey of knowledge, growth, and success with zeal and enthusiasm. ”

**MESSAGE
FROM THE
PRESIDENT**



Prof. (Dr.) H.L. Verma

President (Vice-Chancellor)



“

Dear Readers,

It is a matter of great pleasure and satisfaction that Jagannath University, Jaipur is bringing out E-Newsletter (JU Cosmos) that will showcase the events and developments of the University in recent times. The University in pursuance of its vision of developing as a Centre of Excellence of higher education with focus on quality education, skill development, industry integration and holistic eco-system for global competencies among youth is continuously working for academic expansion and diversification on both horizontal and vertical dimensions. I am sure that the newsletter will disseminate all relevant news about the latest achievements of our faculty members and students. I congratulate the Editorial Team for their initiative and wish them a great success.

The main focus of our academic system is on providing right type of education and preparing students to deal with the challenges of modern organizations characterized by complexity, diversity and change in economy. The specific emphasis of the system is on promoting interdisciplinary and multidisciplinary perspectives of learning along with the study in major subjects. Accordingly, a number of initiatives have been taken which includes Choice Based Credit System, Outcome Based Curriculum, NSDC sponsored Skill Development Centre, MoUs/Partnerships with industrial organizations for internships and placements, Career Guidance and Counseling Cell, Institutional Innovation Centre, extended role of IQAC in conduction of programs, foreign collaborations for pathway programs, ICT enabled classrooms for blended mode of learning, digital library, etc. The salient features of NEP-2020 including multidisciplinary and holistic education, ethics and human values, extensive use of technology in education delivery, research activities, community services, etc. have also been incorporated in the academic system. The process for NAAC accreditation (2nd Cycle), ICAR accreditation, NIRF ranking, Recognitions and Approvals from various Councils, etc. have already been initiated. The four pillars that drive our education are quality education, skill development, holistic approach and industry integration.

The publication of this Newsletter would provide a platform for coordinated efforts of students and faculty members to strengthen the necessary connect and bonding among themselves and promote a shared vision for becoming a centre of excellence in modern context.

Let us welcome the second issue of E-Newsletter and wish for the sustainable growth and success of Jagannath University.”



Prof. (Dr.) Vaishali Sharma
Pro-President (Pro. Vice Chancellor)

“

It gives me a sense of satisfaction and great pleasure to write for another edition of the University Newsletter JU COSMOS. I see the vision of the University getting wings during these years.

The University with its towering presence has been carved by the wishes and aspirations of the people who work and the students who are nurtured here by having a democratic access to higher education. The Chinese philosopher Tao said “Learning and Being are inalienable as Essence and Existence” - truly the real progress of a nation is through facilitating to raise the living standards and developing a greater freedom in human thought. This can be realized only through the enlightenment of the self, nobility and integrity of the character and for which the University is putting its best efforts in all aspects of learning and development.

Amidst the hustle of life and learning, in our Indian culture, there has always been a room for festivities and celebration and University ensures this through ‘rejoice and recreate’. This edition of the newsletter is a perfect compilation for showcasing and connecting with the lively, learning and enlightening spirit of the University.

My heartfelt thanks and congratulations to the Editorial team for their untiring efforts to highlight and remind once again all that University family has together worked for, my colleagues and dear students who have contributed in this newsletter and have come up with their hidden talents as well.

I convey my earnest wishes to one and all in the University to keep growing together to have many more such issues of the Newsletter.”



“ Dear students, faculty, and staff,

I am extremely delighted and excited to announce the upcoming launch of Volume III of University Newsletter, JU Cosmos, a publication dedicated to showcasing the diverse talents, achievements, and perspectives of our university community. As the Registrar, I am delighted to be part of this initiative.

The University Newsletter aims to be a platform where the university achievements can be highlighted and our students can express themselves creatively, share their academic insights, and highlight their accomplishments. I congratulate students from all disciplines who have shared their achievements and views in the form of original articles, essays, artwork, photography, and many more on this platform.

This newsletter will serve as a testament to the incredible talent and intellectual prowess of our university. I convey my sincere thanks to the entire editorial team for coming up with the third volume of JU Cosmos.

At the end, I convey my best wishes for the successful launch of this newsletter and may this newsletter create history on national and international Platforms.”



Dr. Deepika Taparia
(Chief Editor)



“

As the Chief Editor of the Jagannath University e-Newsletter, it gives me immense pleasure to provide you with the third issue of our e-Newsletter “JU Cosmos”. First and foremost, I would like to express my gratitude to all the contributors who have shared their remarkable work and insightful ideas with us. Your dedication and enthusiasm have played a pivotal role in making our e-Newsletter a vibrant platform for sharing information and creativity.

To ensure the quality and relevance of our e-Newsletter, we encourage all students, faculty, and staff members to contribute their work, ideas, and opinions. Whether you have an academic research paper, a thought-provoking opinion piece, a captivating short story, or a striking piece of artwork, we want to hear from you. Lastly, I would like to extend my appreciation to my team members who have been working tirelessly to bring this e-Newsletter to life. Their commitment, creativity, and attention to detail have been instrumental in maintaining the high standards we strive for.

I hope that this e-Newsletter shall prove to be a genuine reflection of the major accomplishments of the University and more and more members of Jagannath family shall show their interest in future editions.

Together, let us continue to celebrate the spirit of learning, creativity, and collaboration that defines Jagannath University.

Thank you for your support, and I look forward to the exciting times ahead.

”

EDITORIAL TEAM



Chief Editor

Dr. Deepika Taparia

Assistant Professor
Faculty of Management Studies



Co-Editor

Ms. Sushma Lohia

Assistant Professor
Faculty of Engineering & Technology



Co-Editor

Dr. Jaya Sinsinwar

Assistant Professor
Faculty of Engineering & Technology



*Convocation/NAAC
Peer team Visit and
ICAR Visit*

“ Education in the most powerful weapon which you can use to change the world ”

- Lilly Walters

8th CONVOCATION

It was glad and happy moment for Jagannath University to celebrate its 8th Convocation which was held on 26th March, 2022 at the Chaksu Campus to award degrees to Doctorates, Post-graduates, Graduates and Diploma students across various disciplines. The solemn occasion was graced virtually by Hon'ble Dr. B.L Soni, IPS (DG-ACB). The ceremony started with Convocation procession followed by lighting of lamp and Saraswati Vandana by dignitaries.

The event presided over by our Vice chancellor Prof. H.L Verma who delivered the convocation address and welcome speech during which he motivated the students to inculcate the value systems, work ethics and humanity in them. All Deans, HOD's, faculty members, staff members and students were present at this prestigious event.

Honorable chief guest handed over the degrees and special awards of merit to deserving students. Students with best academic performance were awarded with Gold, Silver & Bronze medals of various specialisations.

The programme was ended with National Anthem.



NAAC Peer Team Visit

It's an immense pleasure to announce that the National Assessment and Accreditation Council (NAAC) Peer Team has visited our University dated 20th to 22nd June, 2022 for second cycle of assessment and re-accreditation. On 28th June 2022, the Executive Committee of NAAC accredited our university with CGPA of 3.01 on four point scale at "A Grade" for a period of five years. The members of Peer Team were Dr. V P Mahadevan Pillai (Vice Chancellor, University Of Kerala), Dr. Jagdeep Singh Lather (Professor, NIT Kurukshetra), Dr. Nishan Singh Deol (Dean, Punjabi University Patiala), Dr. Rajasekaran Balasubramanian (Former professor, Manonmani Am Sundaranar University), Dr. Vijay Juyal (Professor, Kumaun University).

Jagannath University congratulates all the faculty members, non-teaching staff, research scholars, students, alumni, parents and other stakeholders on this happy occasion which is befitting reflection of our sustained efforts to maintain the highest standard which will lead to growth and prosperity of the University in the coming years.

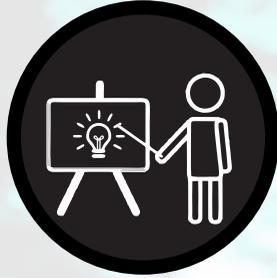


ICAR Peer Review Team VISIT

We are so proud to announce that Jagannath University is the first private university in Rajasthan and North Region to be accredited with ICAR in year 2022 for B.Sc. (Hons) Agriculture programme for a period of five years with effect from March 17, 2022 till March 16, 2027.

The ICAR Peer Review Team visited our University on December 26-27, 2021 and the distinguished team members of the committee were Dr. S.K. Sharma, Former V.C., CSK HPKVV, Palampur (H.P.), Dr. M.N. Jha, Director (Education), RPCAU, Samastipur (Bihar), Dr. Mukesh Srivastava, Registrar, RLBCAU, Jhansi (U.P.) and Dr. K.P. Tripathi, Principal Scientist & Coordinator (Accreditation).





*Workshop
and
Expert Talk*

“Develop a passion for learning. If you do, you will never cease to grow”

Anthony J. D'Angelo

“Innovative Industrial Design & Simulation”

Faculty of Engineering & Technology along with Institution's Innovation Council (IICs) of the University organized a workshop on “Innovative Industrial Design & Simulation” on 29th April, 2022. The speaker of this event was Mr. Tarun Singh Tanwar. He had wide experience in ANSYS for all the three domains CFD, Structure and Thermal analysis. Through this workshop students gained the knowledge of Static Structure Analysis Using Ansys, CFD (Computational Fluid Dynamics) and Building Information Modeling using Autodesk Revit. These tools were demonstrated with its practical and real life applications for easy learning and to provide better placement opportunities for the students.



“IDEATHON- 2022”

Institution's Innovation Council (IIC Cell) organized IDEATHON-2022 (An Internal Hackathon for SIH 2022) on 30th March 2022.

“Entrepreneurship Skill: Attitude and Behavior Development”

Institution's Innovation Council (IICs) Cell Organized a Workshop entitled “Entrepreneurship Skill: Attitude and Behavior Development” on 11th March, 2022. The eminent speaker of the workshop was Prof. Rajive Gulati (Former Head, UN Innovations Lab). He emphasized on various ways, a person can change his habits and optimistic thought process for the journey of entrepreneurship. He enlightened the students regarding the biggest asset in the journey of an entrepreneur is a positive mind set.



“Urban Planning Studio & Thesis & Advanced Thesis Jury”

Faculty of Architecture, Planning & Design, Jagannath University Jaipur organized a guest lecture on “Urban Planning Studio & Thesis & Advanced Thesis Jury” on 23rd, 24th & 25th May 2022. The eminent speaker of the guest lecture was Ar. N.K. Khare.

In his lecture, he discussed about the planning strategies of various cities in India. He also shared his views on Juries of Thesis & Advanced Thesis in which he covered advanced study on - Fire fighting system in campus and building, Sustainable aspects in building design, Energy conservation techniques, Building Automation systems and Interior lighting.



“Teaching Learning Programme”

Teaching learning program was organized by the Education Department from 22nd April 2022 to 4 May 2022. The speakers of this program were Dr. Ankush Sharma, Dr. Manju Gupta, Ms. Deepika Sharma and Mr. Mukesh Kumar Sharma. In this program, all the teaching experts of the department made the students aware of the skills related to micro teaching.



“Entrepreneurship as a Career Option”

The Faculty of Management Studies in Coordination with E-Cell, Jagannath University organized an expert talk titled “Entrepreneurship as an Career Option” on 22-23 April, 2022. The resource person invited was Mr. G C Sharma, Head-Financial Education (Schools & Universities) at National Stock Exchange, New Delhi. The purpose of this talk was to create awareness among students regarding different set of skills for becoming a successful entrepreneur. He also provided a better understanding of markets and economics and also focussed on teamwork, communication, networking and brings about a never-say-die attitude.



“Importance of Soft Skills and Personal Branding”

The Department of Engineering & Technology and Physical Sciences in Coordination with IIC Cell, Jagannath University organized a guest lecture on “Importance of Soft Skills and Personal Branding” on 22 March, 2022. The resource person invited was Miss Radhika Thapar, Assistant Professor, Dept. of Management Studies, RDIAS. The purpose of this lecture was to create awareness among students regarding significance of soft skills and personal branding for better career oppurtunities and future growth.





*INDUSTRIAL VISIT
&
EDUCATIONAL
TOUR*

"Tell me and I forget. Teach me and I remember.
Involve me and I learn."

- Benjamin Franklin

01 Educational Tour

The Faculty of Architecture, Planning & Design organized an Educational Tour for 5th and 3rd-year students from 4th March 2022 to 11th March 2022. The tour was conducted by Ar. Praveen Jangid, Ar. Monika Sharma, and Ar. Vijay Bairwa. The tour aimed to provide students with an opportunity to experience different cultures and environments, and to develop their personality and thought process. The tour helped students to understand the importance of place, culture, and environment in architecture. The students learned how architecture differs from place to place and how different users have different expectations with the same building. The tour helped to evolve the students' design process and helped them to design more sensitively.



02 High Court Visit

The Law Department conducted a High Court visit on 13 May 2022 for BA.LLB/BBA.LLB students. The students were accompanied by faculty members and divided into groups to observe different court proceedings. The visit provided practical knowledge about appeal, application, and bail provisions in the High Court. The event helped the students to understand the role of the court in dispensing justice and the coordination needed between the four pillars of the criminal justice system. The visit proved to be fruitful and provided the students with an understanding of the scope and avenues of the legal field.



03 Clinical Training Session

The Department of Physiotherapy organized a clinical training session in Udaipur, Rajasthan from 18th to 20th April 2022. The session was held at Rehab Max Clinic and VJ's Physiotherapy Sports Injury Clinic. The objectives of the session were to demonstrate the latest advancements in electrotherapy, teach the working of electrotherapy foot and calf exerciser, conduct a cardio session to teach post-COVID high-intensity exercises, spread awareness about dry needling in physiotherapy, and promote ergonomics for posture care. The sessions were taken by Dr. Himanshi Sharma, Dr. Jafar, and Dr. Tilak Bagora, and the participants included Dr. Kapila Jain, Dr. Yamuni, and students of B.P.T final year. The event was a success and provided valuable insights to the participants.



04

Visit To - Ultra Tech Ready Mix Concrete Plant

The Faculty of Management organized an industrial visit to Ultra Tech Ready Mix Concrete Plant in Jaipur on June 8, 2022, for 22 students of MBA & BBA. The visit provided students with a clear understanding of the plant operations and the various functions. UltraTech is India's No. 1 Ready Mix Concrete company that offers a range of products, including cement, building products, and new age building solutions. The visit helped bridge the gap between universities and industries and gave students an insight into shaping their careers.





*Training
&
Placement*

"One of the most important areas we can develop as professionals is competence in accessing and sharing knowledge."

Connie Malamed

#FLY HIGH WITH JU

STUDENTS

PLACED IN



AANAND KUMAR

B.TECH (ME) - 2018-2022



LEO DAVINCI
Sitapura, Jaipur



AKASH KUMAR

B.TECH (ME) - 2018-2022



Vinayak Diamond
tool LTD, Jaipur



BIPUL KUMAR

B.TECH (ME) - 2018-2022



LEO DAVINCI
Sitapura, Jaipur



ASLAM ANSARI

B.TECH (ME) - 2018-2022



LEO DAVINCI
Sitapura, Jaipur



VIKASH KUMAR MANDAL

B.TECH (ME) - 2018-2022



J. Kumar Infraprojects
LTD, Mumbai



VIKASH KUMAR

B.TECH (ME) - 2018-2022



FIZ Robotic Solutions
Gwalior, MP

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Asahi India Glass Ltd.





*Budding
Entrepreneur*

"One person can make a difference, and everyone should try."

- John Fitzgerald Kennedy



Mr. KRISH MUDGAL

Entrepreneur

THE WEBBIA (Digital Marketing Agency)

Batch : 2021-25

Year of Establishment : 2022



Mr. Divyansh Sharma

Entrepreneur

Lawclick.com

Batch : BALLB 2018-23

**Complete bouquet of
law consultancy services
online**



Ms. Apurva Pareek

Entrepreneur

KALATHMIKA-ARCHITECTURAL STUDIO

2016-2020

Year of Establishment : 2021



*Awards
&
Recognitions*

"The future belongs to those who believe in the beauty of their dreams." - Eleanor Roosevelt

Prof. Dr. Bhanwar Singh Takhar

Professor, HOD
Department of Physiotherapy



· Awarded as '**Young Scholar Award**' from honorable DR. C.P Thakur (former Health Minister in AIIMS Delhi)



Dr. Kapila Jain (PT)

Assistant professor
Department of Physiotherapy

· Received '**Best academician award**' in 1ST International conference of Physical therapy in Agra 2022 and '**Academic excellence award**' in 4th International physiotherapy conference-2022 in Janardan Rai Nagar Rajasthan vidyapeeth ,Udaipur on 16 & 17th April 2022.

Dr. Monika (PT)

Assistant Professor
Department of Physiotherapy



- Received “**Award of honour**” as Physiotherapist in National Level Sub-junior Badminton Tournament at Tau Devilal Stadium, Panchcula on 5th Jan 2022.

Dr. Vidhi Singh (PT)

Assistant professor
Department of Physiotherapy



- Received “**Best Academician award**” from Physio Welfare Association, Prayagraj, Uttar Pradesh on 1st January 2022 and “**Best Academic Junior Award**” in ICPTA 2022- conference, Agra.



Dr. Yamuni Bhandari (PT)

Assistant Professor
Department of Physiotherapy

- Received '**BEST FACULTY AWARD**' in NIMS University on 17th May 2022, Jaipur.



Dr. Hemant Gurjar (PT)

Assistant Professor
Department of Physiotherapy

- Award of honour in **Physio Box cricket** ,Mansarovar, Jaipur-17 APRIL 2022.



Mr. Rakesh Kumar

Assistant Professor
Department of Engineering Technology

- Secured 4th position in "**Intercity freedom 2walk & cycling challenge**" held from 1 January, 2022 to 26 January, 2022 organized by Jaipur Smart City limited under **Azadi ka Amrit Mahotsav** in coordination with Ministry of Housing and Urban Affairs, Government of India.

Dr. BhagyaShree Panda (PT)

Assistant professor
Department of Physiotherapy



- Honoured in **Boxing championship** on 21 & 22 May ,2022, Indoor Hall ,Rajapark, Jaipur.



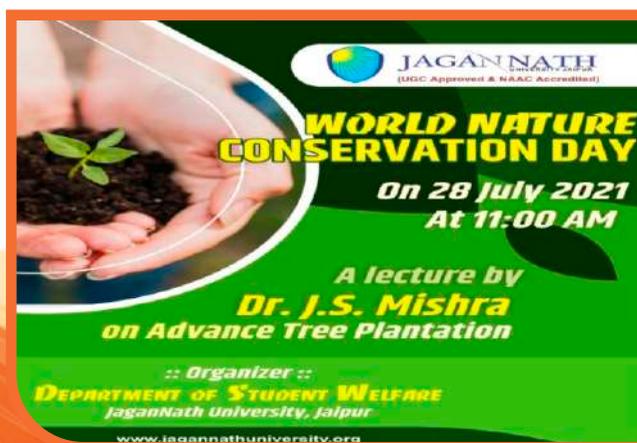
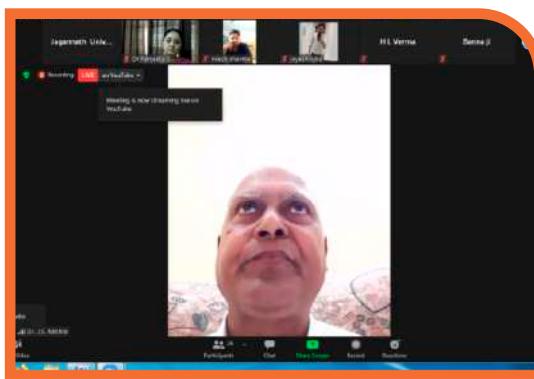
*Extension
Activities*

"Think out of the box and create a learning experience where the learner can interact with the content and their brains."

- Rosalie Ledda Valdez

World Nature Conservation Day

Jagannath University celebrated World Nature Conservation Day on July 28th by organizing an online lecture on advance tree plantation by Dr. J.S. Mishra. The lecture covered the process of plantation, benefits of pesticides and fungicides, and watering and manuring techniques. Around 35 participants joined the event, which was concluded by Dr. Ranjeeta Soni giving a vote of thanks to the speaker and participants. The main purpose of celebrating World Nature Conservation Day is to conserve the animals, animals and trees that are extinct from the natural environment of the Earth.



International Yoga Day

On June 21st, Jagannath University celebrated International Yoga Day at both its Sitapura and Chaksu campuses. 50 students and 10 staff members participated in the event, which was coordinated by sports coordinators and addressed by the University's President, Prof. H.L. Verma. The theme of the event was 'Yoga for Humanity', highlighting the holistic approach to health and well-being embodied in the ancient practice of yoga. The event was a grand success, and the University achieved its objective of promoting the benefits of yoga.



Yoga Day Celebration

On 21 June 2022, the Department of Education organized a Yoga Day Celebration program. The objective of the event was to provide a platform for success in the yoga field and increase awareness about yoga. The students participated enthusiastically and performed Surya Namaskar and other related asanas. Education was also imparted to the students to stay physically healthy. The learning outcomes included the students applying forces and exerting themselves using rarely used muscle groups, as well as performing proper breathing techniques.



AU Marathon

The Physiotherapy department participated in the AU Bank Jaipur Marathon held on 13th March 2022. The team played a critical role in managing athletes in emergency situations, injury prevention, and education. The event aimed to promote volunteerism among society, particularly youths and students, and was a great success.



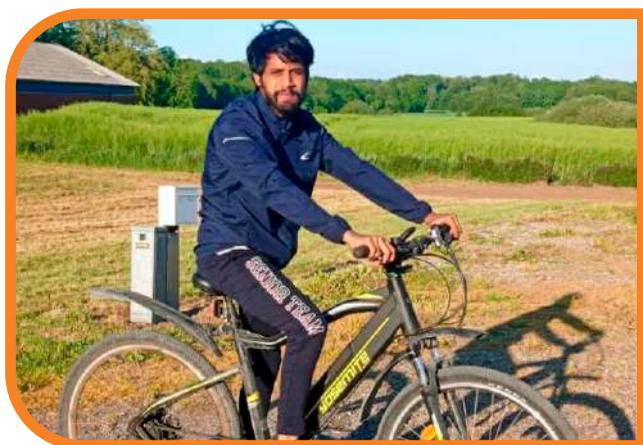
Pulwama Martyrs Tribute Day

The Education Department organized a poster activity on Pulwama Martyrs Tribute Day on February 14, 2022. The event aimed to develop a sense of respect for the country and promote all-round development of students. Students made posters and gave speeches while faculty members shared their views. The program ended with paying tribute to the martyrs with the national anthem, and students gained the ability to work in groups and knowledge of different activities.



Azadi ka Amrut Mahotsav

The Department of Student Welfare organized World Bicycle Day on 3rd June to promote the benefits of cycling and contribute to the conservation of nature. The event was organized as a part of "Azadi ka Amrut Mahotsav" and aimed to solve the dual issues of global warming and unhealthy lifestyle. Staff members and students shared their cycling pictures and one of the faculty members, Mr. Rakesh Kumar (Engg.) received an award for Cycling Rally from the Govt of India, Ministry of Youth Affairs and Sports.



Plantation Campaign

The Law Department organized a Plantation Campaign on 4th June, 2022 with the objective of developing creativity, critical thinking and imagination among students while engaging in an environment-friendly activity. The event was attended by Smt. Ashka Rao, Secretary District Legal Services Authority Jaipur Metropolitan, Dean Prof. (Dr.) S.P.S Shekhawat, faculty members and students. The Plantation Campaign helped the students understand the importance of trees for the environment.



Jaipur Health Festival

The Department of Physiotherapy organized the Jaipur Health Festival on 12th and 13th March 2022. The festival aimed to create awareness about the role of physiotherapy in preventing and curing many ailments, providing accessible rehabilitation services, and bringing multispecialty services under one roof with affordable prices. The event was attended by the department's Head, Dr. Kapila Jain, along with other faculty members and students from various BPT years.



Plantation Program

The Education Department organized a plantation program on 28th February 2022. The program aimed to increase awareness about the environment and explain the importance of plants in our lives. B.Ed II semester students participated enthusiastically and took an oath by planting various plants such as Neem, Peepal, and Tulsi. The program helped students learn how to protect the environment and make others aware of environmental protection.



Ek Bharat Shrestha Bharat

The Department of Student Welfare organized an online Story Writing Competition from 10th-17th January, 2022. Five students were selected for the evaluation based on their submissions on themes related to unity, religion, success, and victory in Hindi language. The winners will be awarded later, and the awarded stories include "Ek Bharat Shrestha Bharat," "Hum Hathi Nahi Insaan Hai" (Runner Up), "Unsuna Karne ki Galti," "Majhab Nahi Sikhata Aapas Me Ber Rakhna" (Winner), and "Titli Ka Sangharsh." The selected participants were Vipin Kumar Jyotishi (D Pharmacy 1st Sem), Deepika Sheoran (B.Sc Ag, 5th Sem), and Dhvaj Kumar (B.Sc Ag, 7th Sem).



Blood Donation Camp

The Department of Pharmacy and Department of Student Welfare organized a blood donation camp on May 9th, 2022 in the Chaksu Campus in association with Santokba Durlabhji Memorial Hospital, Jaipur. Prof. H.L. Verma, President of the University, welcomed the medical teams and donor students and staff members, and around 112 participants donated blood. Each donor received a donor card, certificate, refreshment, and mementoes provided by the medical team. The event was concluded with thanks given by Dr. Amit Sharma and Dr. Ranjeeta Soni.



Health Checkup Camp

The Department of Pharmacy and Department of Student Welfare organized a free Health checkup camp on May 6th at the Chaksu Campus in association with Eternal Hospital. The event was inaugurated by the University President, and various health experts were available for checkups. Around 100 students and 20 staff members benefited from the checkups, which included eyes, blood pressure, sugar, dental checkups, and consultation with a dietitian. At the end of the camp, the medical team was thanked and awarded mementoes.



Cyber Jagrookta Diwas

The Department of Student Welfare at the university organized an online slogan competition on the theme of Cyber Jagrookta Diwas. The competition saw enthusiastic participation from students who submitted slogans in both Hindi and English languages. The selected slogans highlighted the importance of staying safe from cyber crimes and being vigilant online. The judges evaluated the submissions and selected three winners, with Priyanka Kumari from B.Sc Ag VII Sem being declared the winner. The competition served as a platform to raise awareness about the significance of cyber security and encourage students to stay informed and stay safe online.

 **JAGANNATH**
UNIVERSITY, JAIPUR
UGC Approved & NAAC Accredited

 Department of Student Welfare
Organizing
SLOGAN COMPETITION
on the Occasion of
CYBER JAAGROOKTA DIWAS- 2022

Date : 02 February 2022
Best 3 Slogan will be awarded

Send your entries at :
dsw@jagannathuniversity.org



World Environment Day

Jagannath University celebrated World Environment Day by organizing an Environmental Project Exhibition and a plantation program in both campuses. Seven students submitted their projects, and the best project award was given to Harshvardhan for Electricity generation through wind energy. Honorable President Prof. H.L. Verma inaugurated the plantation program, which was attended by faculty members and 31 students. The event was appreciated by the President, and Dr. Ranjeeta Soni gave the vote of thanks to all faculty members and students. World Environment Day is celebrated annually on June 5th to encourage awareness and environmental protection.



Road Safety Rally

The Department of Education organized a Road Safety Rally on February 28th, 2022. The objective of the event was to promote community work and develop individual skills among students. B.Ed students and staff members participated in the event. The rally included making banners and raising awareness about road safety. The teachers of the department provided full cooperation in organizing the program. The event helped students to develop the ability to work in groups and gain knowledge of different types of activity.



Socially Useful Productive Work (SUPW)

The Education Department organized a five-day socially useful productive work camp from 28/02/2022 to 03/03/2022, aimed at developing community work habits and individual skills. The program included a road safety rally and tree plantation. Professors from the university and the Registrar were invited to speak, and students gained knowledge of different types of activities.



Beti Bachao Beti Padhao

The Education Department organized the "Beti Bachao Beti Padhao" program on May 31, 2022. All B.Ed. students participated in the program, which was held in Mahachand Pura village. The program aimed to develop knowledge about the "Beti Bachao Beti Padhao" initiative among students and provide sensitization and all-round development. The students took out a rally to make villagers aware and provided guidelines on teaching girls in the village. This program helped students gain knowledge and led to increased awareness and teaching of girls in the village.



Matribhasha Diwas

Jagannath University celebrated Matribhasha Diwas on 21st February 2022, to promote awareness of multilingualism and cultural diversity. Students participated in a debate and essay writing competition on the importance of mother language. More than 80 students attended and 24 participated in the event. Winners were awarded and will be recognized at an upcoming cultural event. The event was coordinated by Ms. Deepika Sharma and judged by Dr. Amit Sharma and Dr. Manju Gupta. The event was a success and highlighted the importance of mother language in the present era of globalization.





*Extra
Curricular
Activities*

Woodball Championship

All India Inter University Woodball Championship, 2021-22 (Men & Women) were held for five-day from 26-30 June, 2022 at the University Sports Ground, Jagannath University, Jaipur. Woodball is already included in the World University Games, Asian University Games & South Asian University Games by International & Asian University Sports Federation. The Opening Ceremony was hosted with great festivities and the traditional / Culture program . The Chief Guests for the event were:

1. Sh. Sachin Pilot, Ex. Dy. Chief Minister, Govt. of Rajasthan.
2. Sh. Ved Prakash Solanki, MLA & President, Rajasthan Woodball Association.
3. Prof. H. L. Verma, Vice Chancellor, Jagannath University
4. Sh. Tanmay Patnayak, Registrar, Jagannath University
5. Dr. Pravin Manwatkar, Treasure , Woodball Association of India.



NAAC Peer Team- “Cultural Program”

Department of Student Welfare, Jagannath University, Jaipur organized a one day cultural program for NAAC Peer Team on 20th June, 2022. Students from various departments showcase their talent through dance and skit. Around 45 students participated in various cultural dance performances.



“SPANDAN- Annual sports and cultural fest”

SPANDAN is the Intra university annual sports and cultural fest of Jagannath University organized in the month of April from 5th to 8th April, 2022. In this event, various sports activities including indoor and outdoor games and cultural events including off stage and on stage event were organized.

The eminent chief guest of the Inaugural ceremony of Spandan 2022 was Dr. G.L. Verma, Senior RAS and SDM Chaksu.



Basant Panchmi Utsav

Department of Student Welfare, Jagannath University celebrated Basant Panchmi Utsav of Goddess Sarasvati on 5th February, 2022. On this occasion, our honorable Vice chancellor Prof. H.L. Verma told about the ethical values and reasons of the day of celebration. At the end, sweets were distributed among all faculty members.



Fresher's Party

Department Of Physiotherapy, Jagannath University, Jaipur organized Fresher's Party on 6th March 2022 at Hotel Siddarth Residency DCM Jaipur. The main purpose was to welcome new students in a friendly atmosphere and to encourage their creative impulses to boost their confidence.



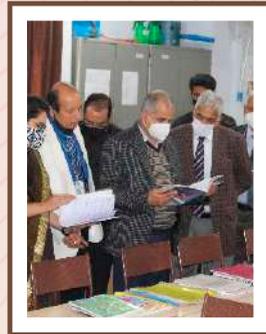


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JU







*Mind
Flies*

A griculture-Marketing: A Lucrative Option for A griculture Students

There can't be more exciting time to get involved in the food and agribusiness industries than the present one. While agriculture has sustained a significant portion of the workforce, there is a need to shift workers to other sectors. Agricultural education can play a crucial role in facilitating this shift by providing skilled workers who can create a marketing network and a win-win situation for all. The government recognizes the need for enhanced quality and relevance of higher agricultural education to develop self-motivated professionals and entrepreneurs who can address concerns of sustainable development in agriculture.

The need for agricultural graduates to have knowledge, skills, and entrepreneurship to provide village-based services such as diagnostic laboratories, advisories, and development assistance for corporate and contract farming. Industry-university partnerships are essential for obtaining well-trained agricultural professionals in cutting-edge technologies. The article emphasizes that agricultural entrepreneurship is specific to conditions, farm, and product. There is a need for a fundamental strategy change in the agricultural sector to achieve sustainable development. Agricultural marketing involves assembling, storing, processing, transporting, packaging, grading, and distributing agricultural commodities. Management is crucial for success in the food production and marketing system, and managers are responsible for ensuring the completion of functions, tasks, and activities that determine an organization's success. The four key functions of management: marketing management, financial management, supply chain management, and human resource management. Marketing management is a crucial function in agribusiness as it focuses on understanding customer needs and selling products and services. The food production and marketing system has become more complex and interrelated due to biotechnological developments, new models for conducting agribusiness, and emerging international markets. The farmer is the weakest production agent in the country and needs support to act as a dynamic entrepreneur. Students from farming communities could help fill in the gaps.

Prof. (Dr.) P.N. Kalla

Dean

(Dept. of Agriculture)

Prof. (Dr.) S. L. Sharma

Head of Dept.

(Dept. of Agriculture)

Subconscious mind: Hidden Power

The power of the subconscious mind has long been recognized as a force that can greatly influence our lives. It is a reservoir of unlimited potential and holds the key to transforming our thoughts, beliefs, and actions.

This article delves into the secret behind the power of the subconscious mind and how you can tap into its extraordinary abilities to create the life you desire.

The Hidden Workings:-

The secret to harnessing the power of the subconscious mind lies in understanding its unique characteristics and how it operates. Here are some key insights:

The Language of the Subconscious: The subconscious mind communicates primarily through images, symbols, and emotions. It doesn't comprehend the concept of time or differentiate between past, present, or future. It interprets our thoughts and mental images as instructions and seeks to manifest them in our reality.

The Power of Belief: Belief acts as the fuel that drives the subconscious mind. Whatever we deeply believe at the subconscious level, whether positive or negative, becomes our reality.

The Role of Repetition: Repetition is a powerful tool for reprogramming the subconscious mind. By consistently exposing ourselves to positive thoughts, affirmations, and visualizations, we create new neural pathways and overwrite old, limiting beliefs.

Unveiling the Secret:-

Self-Awareness and Intention: The first step in unlocking the power of the subconscious mind is developing self-awareness. Pay attention to your thoughts, emotions, and self-talk.

Positive Affirmations: Affirmations are positive statements that help reprogram the subconscious mind. Ensure that your affirmations are in the present tense, as if you have already achieved your goals.

Visualization and Imagination: Visualization is a technique that utilizes the power of the mind's eye to create vivid mental images of your desired outcomes.

Embrace Emotions and Gratitude: Emotions are a potent force in the subconscious mind. Cultivate positive emotions such as gratitude, joy, and love to align your subconscious with your desires.

Trust and Letting Go: Trust in the power of your subconscious mind and release any attachment to the outcome.

Conclusion

The secret of the power of the subconscious mind lies in understanding its language, harnessing the force of belief, and employing techniques such as repetition, visualization, and embracing positive emotions.

By aligning your conscious intentions with the unlimited potential of your subconscious mind, you can create profound transformations in your life. Remember, the key is to consistently engage with these practices, have faith, and allow the magic of the subconscious mind to unfold.

“Exploring the Healing Power of Nature:

A Journey to Wellness”

In our fast-paced and technology-driven world, finding moments of peace and healing is essential for our overall well-being. One powerful source of solace and rejuvenation is nature itself. This article takes you on a journey to explore the healing power of nature and how it can positively impact our physical, mental, and emotional health.

1. The Therapeutic Benefits of Nature: Nature has a profound effect on our well-being. Scientific studies have shown that spending time in nature can reduce stress, lower blood pressure, and improve overall mood. The sights, sounds, and smells of natural environments have a calming effect on our nervous system, helping us relax and recharge.

2. Immersion in Green Spaces: Green spaces, such as parks, forests, and gardens, offer a sanctuary from the noise and demands of daily life. They provide a peaceful retreat where we can connect with the natural world. Walking through lush greenery, listening to the sounds of birds, and feeling the gentle breeze on our skin can have a profound impact on our mental and emotional well-being.

3. Forest Bathing: Connecting with Nature’s Essence: Forest bathing, also known as Shinrin-yoku, is a practice that originated in Japan and has gained popularity worldwide. It involves immersing oneself in a forest environment and mindfully engaging with the surroundings. Forest bathing has been scientifically proven to lower stress levels, boost immune function, and improve cognitive performance.

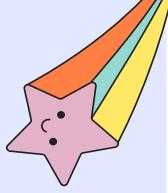
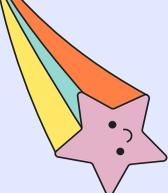
4. The Healing Power of Water: Water has long been associated with healing and renewal. Whether it’s a serene lakeside, a cascading waterfall, or the rhythmic sounds of ocean waves, being near water has a soothing effect on our senses. Water is known to induce a meditative state, promoting relaxation, and fostering a sense of tranquility.

5. Gardening for the Soul: Engaging in gardening activities has numerous benefits for our well-being. Tending to plants, whether it’s growing flowers, herbs, or vegetables, provides a sense of purpose, accomplishment, and connection to the natural world. Gardening can also be a form of therapy, helping individuals reduce anxiety, improve focus, and promote mindfulness.

6. Adventure and Outdoor Activities: Nature offers a playground for adventure and exploration. Engaging in outdoor activities such as hiking, cycling, or kayaking not only provides a physical workout but also allows us to immerse ourselves in awe-inspiring landscapes. These activities stimulate endorphin release, boosting mood and fostering a sense of exhilaration.

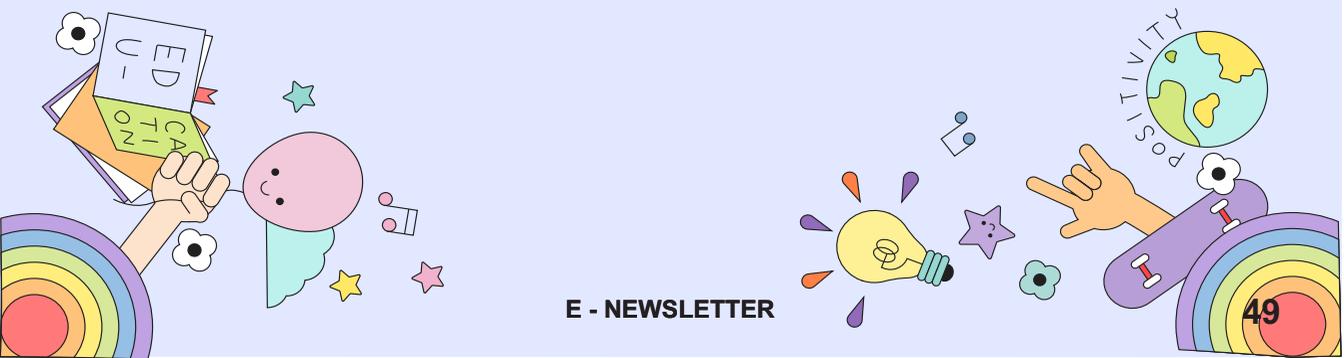
Conclusion

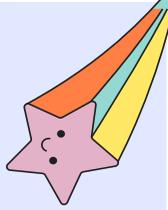
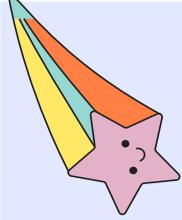
In our quest for well-being and balance, we need not look any further than the world outside our doorstep. Nature offers us a path to healing and rejuvenation, providing solace for our weary minds and bodies. Whether it’s a leisurely walk in the park, a meditative forest bathing experience, or an adventurous hike, let us embrace the healing power of nature and reconnect with the essence of our own well-being.



Is your behavior making children insensitive somewhere?

It is said that children are like raw pitcher, they mold as they mold them. Whether it is to develop personality or to teach practicality, children learn only what they see in the house. In such a situation, the responsibility of the parents increases in front of the children. Before finding fault in the child, check your own behavior, is your behavior making them like this? Psychologists say that children never learn sensitivity or behavior by teaching, but by observing and observing. If parents behave insensitively in front of children, then children will never be sensitive. Symptoms of Anesthesia in child, in which he is the only player or in which he does like to be with any team. Often he is irritable or agitated. If a family member or friend is in trouble, the child is not affected. It often has nothing to do with the home or its surroundings. Gives little support in household or social work, festivals or family functions and does not like to socialize with people. Unable to express his feelings why do children become insensitive Always doing evil to someone in front of children, abusing them, showing in front of them that you do not care about anyone etc. Apart from this, there are some other reasons for children being insensitive, which are as follows- Children have trouble understanding their own feelings. The smaller size of families does not have good communication with family members or parents. Today the outside world is very practical. In such a situation, it is very important that children understand their feelings and display them in the right way. Doing this is also necessary for the mental and emotional development of children. This will strengthen his personality. 'Play therapy' for children is a very good way, in which children are taught the expression of emotions through different types of games.





“It is not that all children do not respect feelings, but yes, now children are not the same, because home, family, relationships, and exposure everything has changed. These days special care is taken in schools also.

Parents and teachers will have to try together for this to keep the feelings alive in the children. Give your time to children, not money; never let it appear in your behavior that money is everything in today's world. Let them know with your behavior that relationships or people are most important. Give your time instead of giving a gift to the children for doing something good. Spend time with them in a place which is their favorite, like - take them on picnics after passing with good marks in exams, play a lot with them etc. Get exposed to emotions sometimes children get angry or annoyed for no reason or over a very small thing. This often happens when some feelings or feelings are born again in them. In such a situation, do not scold them for their anger, but sit calmly and tell them about their feelings.

Teach children these valuable lessons for life with positivity.

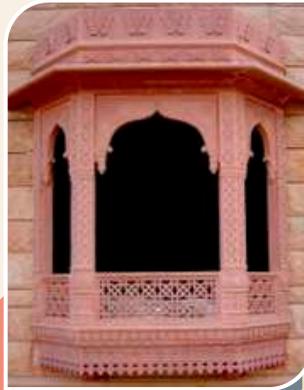
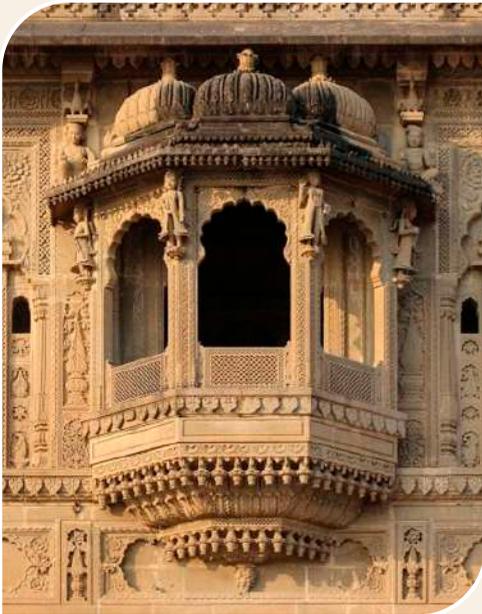
1. Children who help others the most in schools should be rewarded.
2. Play games with the children, asking them to write down the strongest emotions they felt during the day and you should also write with them.
3. Help children choose words to demonstrate their feelings
4. Once a week, sit with the child and make video calls to your distant or near relatives
5. Tell them how each emotion has its own importance.
6. Meditate together with children.

Dr. Manju Gupta
Associate Professor
Department of Education



JHAROKHA - A COMPONENT OF TRADITIONAL BUILDINGS

Jharokha – A stone window projecting from the wall face of a building, in an upper storey, overlooks a street, market, court or any other open space. It is supported on two or more brackets or corbelling, has two pillars or pilasters, a balustrade and a cupola or pyramidal roof; technically closed by Jaalies but generally partly open for the inmates to peep out to see passing processions. It is more formal and ornamental than English or French “oriel” and in fact, jharokha is one of the most distinctive characteristics of the façade in medieval Rajputana and Muslim Architecture down to the 19th century. A Jharokha is a type of overhanging enclosed balcony used in Indian architecture, typically Rajasthani architecture and Mughal architecture. Jharokhas jutting forward from the wall plane could be used both for adding to the architectural beauty of the building itself or for a specific purpose. Alternatively, these windows could also be used to position archers and spies. The projected balcony, which is an essential element of the Rajasthani Architecture both as a decoration and as a viewing platform, is a tremendous feature of the old culture of Rajasthan. The chhajjas, sloping eaves that projected out above the balconies, gives protection both in summer and in rainy seasons. Jharokha is used due to- Elevation treatment, Aesthetic appearance, Allow women in purdah to see the events outside without being seen themselves, Climatic aspects. Jharokhas are mainly used in Palaces, Havelis and Temples.



Ar. Manish
Associate Professor
Department of Architecture

लगाव

में उदासीन हूँ
हर उस चीज के प्रति

जो सिर्फ देती है दिखाई
जिसमें नहीं होती है

भावनाओं को कुरेदने वाली गहराई
मेरा लगाव है हर उस चीज से

जो सिर्फ दिखती ही नहीं
महसूस भी होती है

दिल के किसी संवेदनशील कोने में
यदि तुम भी वही हो जो महसूस किये जाते हों

तो बेशक तुमसे मेरा लगाव है।
हर पल तुम्हारे बारे में सोचना

और सिर्फ सोचते रहना
सच कहूँ

यही सब कुछ तो दूर कर गया
मेरी जिंदगी का सुनापन
हमेशा-हमेशा के लिए

-अलकनंदा राजावत
एसिस्टेंट प्रोफेसर
विधि विभाग



VALUES AND IMPORTANCE OF THE MOST PROMINENT VASTU SHASTRA ART IN INDIA

Is Vastu Shastra really important for us?

Vastu Shastra plays an important role in our lives. Some people have misunderstood this architectural science, but its importance has not diminished at all. Vastu is not only the science of building property, but also the connection with the science of ancient Veda, which promotes a blissful life. Vastu is a term that comes from the god Vastu or the god called Vastu Purush. Advancement of design concepts in relation to direction-specific studies related to the foundations of houses / buildings / parcels / or other structures is the science of architecture based on its nature. This theory further confirms the importance of Vastu as a major factor in our place of residence, its happiness, peace, and the cessation of positive cosmic energy throughout its surroundings so that residents can experience a blissful life.

Vastu involves the mathematical calculation of a site's direction-based attributes. Based on the data, proper and ideal position of rooms, including the consideration of exit and entry passage, along with placement of furniture items are determined, as per Vastu principles. These precautions later contribute effective well-being of the occupants of a Vastu-compliant house. Therefore, we can say Vastu Shastra is quite important for us, which renders growth, peace, prosperity and well-being to our life.

Is Vastu Shastra really effective?

Vastu Shastra is effective in relation to the science of building dwellings and structures, ensuring that peaceful and harmonious benefits continue to flow into property. This in turn benefits the resident or owner of the property, achieving growth and success in their lives. The ultimate goal behind the application of Vastu's principles is to generate beneficial benefits that benefit the residents of Vastu-compliant homes. The effectiveness of Vastu Science when properly applied in combination with the principles of room orientation and placement of household items and also with the suggestions given by Vastu Shastra Expert's leads to positive cosmic energy balance in our surroundings. This can bring peaceful relationships, eternal prosperity, and the success in your life.

Vastu plays an important role in the construction of buildings, ensuring the dimensions and characteristics of space in terms of length, size and width, and ensuring that harmonious cosmic energy is fully utilized. Vastu is effective when the construction of the building follows both traditional and contemporary perspectives and incorporates the principles of the right direction proposed by Vastu Science. It goes without saying that Vastu's application is productive today as a whole, given that it is inevitable because of the useful benefits it offers.

Madhav Sharma
Assistant Professor
Department of Engineering
& Technology



My Dear Daughter

My dear daughter, shining bright, With
a smile as warm as the sun's light. You
bring joy to everyone you meet, And
your laughter is music to your father's
beat.

In your eyes I see the future, A world of
hope, love, and adventure. I know that
you will soar and fly, And touch the sky
with the courage of a butterfly.

I will always be here for you, To guide
you and help you see it through. I
promise to love you every day, And to
always make sure you're okay

So go out there, my little one, And let
your dreams and passions come. You
have within you all the strength, To
overcome any obstacle at any length.

So smile big, laugh loud, and have fun,
My dear daughter, you're my only one. I
am so proud of the person you are, And
I'll love you now and forever, near or far.

My dear daughter, with eyes so bright, A
twinkle like stars on a summer night.
Your laughter is music, your smile so
warm, A love so pure, it withstands all
harm.

You bring joy to my life with every beat,
Filling my heart with an unending treat.
You're my sunshine on a cloudy day,
Guiding me through life in your special
way.

You're curious and strong, brave and
true,
With a spirit that shines in all you do.
You're the light in my life, my shining
star, My love for you will never be far

So hold your head high, with grace and
pride, For the world is yours, and you're
one of a kind. My precious daughter, I
love you so, Forever and always, this
you should know.

Vijay Mohan Shrimal
(Assistant Professor)
Dept. of Engineering
& Technology

WHY IS MY RUPEE LOSING IN THE FOREIGN CURRENCY MARKET?

India's Chief Economic Advisor, V Anantha Nageswaran, stated that the rupee's loss against the US dollar has been less severe compared to other major world currencies such as the Euro and British pound. He blames the Federal Reserve's aggressive monetary tightening strategy for the devaluation of the rupee and other currencies. However, the rupee is the only currency that has increased against the dollar, and the government and Reserve Bank of India have taken actions to moderate its depreciation. The Reserve Bank of India has presented new guidelines to encourage overseas investment.

The Indian government has increased the import duty on gold, while the Reserve Bank of India has implemented initiatives to boost the country's net inflows of foreign currency. This includes raising borrowing limits for businesses from overseas institutions and loosening regulations for foreign investments in Indian government bonds. The RBI has also increased interest rates in recent months, making holding Indian rupees more attractive to both citizens and non-residents. The rupee has reached a new low against the dollar, with a decrease of around 7.5% so far in 2022, and a new low of 79.03 against the dollar.

The Indian rupee has reached a new all-time low of 79.03 US cents, causing market experts to be divided on whether it could fall further. The currency has decreased by 6% since January but increased by 13 paise on Thursday, setting a new benchmark. The struggling economy and excessive inflation have caused everyday goods to become expensive. However, the Finance Minister of India, Nirmala Sitharaman, claims that the Indian rupee is in a better position compared to other international currencies against the US dollar.

The value of the Indian rupee has been falling steadily due to a variety of factors such as high crude oil prices, global economic difficulties, inflation, and high prices for raw materials. Additionally, there have been large outflows of foreign capital from local markets, with foreign institutional investors selling shares worth \$28.4 billion in 2018. This has led to a depreciation of the rupee against the US dollar, which could result in increased imported inflation, manufacturing expenses, and retail price inflation. The recent increase in interest rates by the Federal Reserve of the United States has also contributed to the depreciation of the rupee. There is concern that the Federal Reserve will continue to push for higher interest rates, further depreciating the rupee.

A weak rupee leads to an increase in the cost of imports, particularly crude oil, and subsequently leads to inflationary pressure. However, a weak currency can boost exports. The rupee has been declining steadily due to high oil prices, FII sell-off, and weak economic fundamentals. Financial analysts predict the rupee will continue to decline in the near future. The Reserve Bank of India has intervened to prevent the free market from collapsing by using its foreign exchange reserves to support the rupee.

Pooja Kudesia
Assistant Professor
Dept. of Management



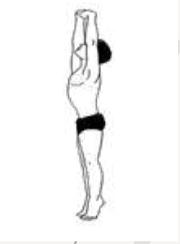
IMPORTANCE OF YOGA FOR STUDENTS

Stress among college students can be overwhelming and can affect many areas of a student's life and their families adversely. Yoga deals with the body, mind and soul in a synergistic way. It provides cognitive development required to cope with mental health issues and keeps you physically fit. Let us enhance some benefits of Yoga for students with some of the following Yogic practices:



1) Anulom Vilom Pranayam: Correct Breathing & Remove Stress

Sit in Sukhasana with your spine erect and place your left hand on your left knee. First Exhale completely and then use your right hand thumb to close your right nostril. Inhale through your left nostril and then close the left nostril with your ring and little fingers. Open the right nostril and exhale through this side. Now Follow the same by another nostril. This is one round. Continue for up to 5 minutes.



2) Tadasana: Improve body Posture and growth of the body

Stand straight with your feet together. Inhale, interlock your fingers over the head and take upwards. Simultaneously come on the toes by raising your heels. Feel the stretch in your body from feet to fingers of arms. Stay for 10 seconds then come to the original position with a deep exhale. Repeat at least 10 times.



3) Sarvangasana: Boost up Memory

Lie on your back with hands by your side. While inhaling, lift your legs, buttocks and back to come up high on your shoulders. Support your back with the hands by keeping the elbows on the ground. Lift your toes higher while exhaling and get your legs and back in one straight line. Stay in the pose for few seconds with normal breathing; slowly get back to the initial position. Repeat this 3 to 4 times.



4) Vrikshasana: Increase concentration and Balance the Body and Mind

Stand straight. Raise the right leg up and place it on the left thigh with the help of your hands. First find your balance then raise your arms and keep in namaskar mudra above the head. Gaze on any object in front to stay balanced. Hold the pose for a few seconds with normal breathing. Release the right leg down and hands in the sides. Repeat the above steps with the left leg.



5) Chakrasana: Provides greater strength and Major health benefits

Lie down on your back, bend your knees and bring your heels closer to your hips with feet apart. Now bring your palms near your both ears behind your shoulders such that the fingers are opened and point towards the shoulders. Now inhale and press your palms and feet on the ground and lift your body up. Arch the back as high as possible but do not strain. The neck should be relaxed. Hold this position for a few seconds and keep breathing normally. Return to the floor slowly while exhaling. Practice at least 3 times.

The inclusion of yoga in your daily life is helpful in improving physical, mental and emotional health.

Hukum Chand Saini
Assistant Professor
Department of Engineering
& Technology

गुरु

कण-कण में समान चेतन स्वरूप बसा,
एकमात्र सत्य रूप दिव्य अभिराम है।
जीवन का पथ जो दिखाता तम-तोम मध्य,
लक्ष्य की कराता पहचान शिवधाम है।
धर्म समझाता कर्म-प्रेरणा जगाता और
प्रेम का पढ़ाता पाठ नित्य अविराम है।
जग से वियोग योग ईश्वर से करवाता
ऐसे शिवरूप सन्त गुरु को प्रणाम है।
जड़ता मिटाता चित्त चेतन बनाता और
शान्ति की सुधा को बरसाता चला जाता है।
तमकूप से निकाल मन को सम्हाल गुरु
ज्ञान रश्मियों से नहलाता चला जाता है।
पग-पग पर करता हैं सावधान नित्य
पंथ सम्य का ही दिखलाता चला जाता है।
भंग करता है अन्धकार का अनन्त रूप
ज्ञान गंग धार से सुपावन बनाता है।
दूर करता है ढूँढ-ढूँढ के विकार सभी
पावन प्रदीप गुरु मन में जगाता है।
जिनके पदाम्बुजों के कृपा कमरन्द बिना
मंथ्रिंग मत्त हो न भव भूल पाता है।
काम क्रोध लोभ मोह छल द्वेष दम्भ
जगत प्रपंच नहीं रंच विसराता है।

पाता नहीं नेक सुख जग देख मंदिर में,
दुःख पर दुःख स्वयं जाता उपजाता है।
गुरु बिना ज्ञान कहाँ, ज्ञान बिना राम कहाँ,
राम बिना जीवन सकाम रह जाता है।
मान अपमान सुख, दुःख को मिटाता कौन?
द्वेष भाव को दूर भगाता कौन?
दिव्य मानसर तक उसे पहुँचाता कौन?
गुरु बिन कौन पुण्य पाप समझाता यहाँ
जीवन के बुझते प्रदीप को जगाता कौन?

- दीपिका शर्मा
एसिस्टेंट प्रोफेसर
शिक्षा विभाग

एक कदम सनातन संस्कृति की ओर...

हमारा देश सदियों से संस्कृति प्रधान देश रहा है और आज भी इसकी प्रधानता हमारे संस्कारों में दिखाई देती है। कोविड-19 की परिस्थितियों को हमारे देश ने जिस प्रकार संभाला है, शायद संसार में कोई भी देश इस प्रकार की व्यवस्थाएँ करने में सफल नहीं हो सका। भारत देश की इस सफलता का श्रेय यहाँ की संस्कृति एवं संस्कार को देना तर्कसंगत होगा। पाश्चात्य संस्कृति के कचरे आकर्षण ने न केवल महामारियों को बढ़ाने का कार्य किया बल्कि कोविड-19 की परिस्थितियों में तो जीना भी दुर्भर कर दिया था। इन परिस्थितियों में यदि हमारी सनातन संस्कृति का सहयोग नहीं लिया जाता तो इस महामारी पर काबू पाना भारत देश के लिये संभव नहीं था। हमारी संस्कृति ने इस बीमारी पर नियंत्रण पाने में जितना योगदान दिया है, वह योगदान किसी अन्य विकल्प का नहीं हो सकता। प्रबु)जन इस कथन को शायद हास्यपूर्ण समझे, लेकिन मेरा विश्वास है कि आगे जो भी मेरे विचार हैं, आप सभी उन विचारों को पढ़कर अवश्य सहमत होंगे। ऐसा मैं इस कारण लिख रहा हूँ क्योंकि पाश्चात्य संस्कृति ने अधिकांश पढ़े-लिखे व प्रबु)जनों पर अपने आकर्षण का इतना गहरा प्रभाव डाला है कि वे हमारी सबसे प्राचीनतम सनातन धर्म संस्कृति को अपनी गरिमा को धूमिल करने का हिस्सा मानते हैं। पाश्चात्य संस्कृति के गहरे प्रभाव को मैं गहरा घाव कहूँ तो ज्यादा अच्छा होगा। पाश्चात्य संस्कृति की चकाचौंध में हम अच्छे-बुरे, धर्म-अधर्म, न्याय-अन्याय, सत्य-असत्य, उपयोगी-अनुपयोगी आदि में तुलना करना भूल बैठे हैं। आज हम अपनी ही भाषा, धर्म, संस्कृति, पहनावा, खान-पान आदि को महत्त्वहीन समझकर इन्हें अपनी उन्नति व विकास के लिये अनुपयोगी (सि) करने में लगे हुये। जबकि सही मायने में समझने का प्रयास करें तो जैसे कोई वृक्ष अपनी जड़ों से समु) नहीं होगा तो वह अपनी विशाल शाखाएँ आसमान में नहीं फैला सकता। ठीक इसी प्रकार यदि हम अपनी भाषा, धर्म, संस्कृति, पहनावे, खान-पान आदि को महत्त्वहीन समझेंगे तो निश्चित सफलताओं को प्राप्त करना असंभव होगा। हो सकता है अभी भी आप प्रबु)जन मेरे विचारों से सहमत न हो लेकिन आप ही तय करें कि आपको क्या पसंद है? प्रथम पाश्चात्य संस्कृति से प्रभावित अथवा द्वितीय भारतीय सनातन संस्कृति से प्रभावित विचारों के कुछ अंश प्रस्तुत हैं-

1. किसी कार्यक्रम में आयोजित सामूहिक भोजन में भोजन सामग्री को एक जगह पर रख देना व आमन्त्रित अथितियों द्वारा जूते-चप्पल पहने, धक्का-मुक्की करते किसी भी तरह पशुओं की भाँति उस भोजन सामग्री पर टूट पड़ना, अपनी प्लेट में सभी प्रकार के व्यंजन भर लेना व जो अच्छा न लगे या जिसे खाने का मन न करे उसे कचरापात्र में डाल देना, पानी के डिस्पोजल गिलास जब चाहे तब उठाना और हाथ धोकर या पानी पीकर कचरापात्र में डाल देना।

अथवा

सम्मानपूर्वक उचित आसन पर बैठकर भोजन करना व कराना। जितनी जरूरत हो उतना लेना व आदर के साथ व्यंजन का वितरण करना। पर्यावरण के अनुकूल पत्तल, थाली, गिलास आदि का उपयोग करना। यह हमारी सनातन धर्म संस्कृति का अभिन्न हिस्सा है।

1. अपनी भाषा को महत्त्व न देकर विदेशी भाषाओं को अधिक उपयोगी समझना।

अथवा

अपनी भाषा को प्रथम वरीयता देकर, अधिकांश रूप से व्यवहार में लाना तथा अपनी भाषा व संस्कृति को अपनाकर स्वयं को गौरवान्वित महसूस करने के साथ विदेशी भाषाओं का ज्ञान प्राप्त करने की अतिरिक्त योग्यता प्राप्त करने को द्वितीय वरीयता की दृष्टि से देखना।

2. किसी संस्था या समाज के व्यक्तियों को सक्षम बनाने की बजाय अपनी निजी पसन्द-नापसंद के अनुसार किसी को सक्षम या असक्षम समझना तथा जरूरतमंद व्यक्तियों का शोषण करने का अन्याय करना।

अथवा

3. किसी संस्था या समाज के व्यक्तियों को सक्षम बनाने के भरसक प्रयास करना तथा उन्हें उस क्षेत्र विशेष में सक्षम बनने के पर्याप्त अवसर उपलब्ध करवाना तथा हर व्यक्ति को संस्था या समाज के लिये उपयोगी समझना व जरूरतमंद व्यक्तियों की आवश्यकताओं को समझकर न्यायपूर्ण व्यवहार करना।

मुकेश कुमार शर्मा
असिस्टेंट प्रोफेसर
शिक्षा विभाग

ART OF PHOTOGRAPHY

The word Photography literally means '**drawing with light**', which derives from the Greek word '**photo**', meaning **light** and '**graph**', meaning **to draw**.

Photography is a skill that can only be achieved with **PRACTICE** and not by purchase. The art of Photography is nothing but the combination of '**Input** of ample amount of photographic theory' and '**output** of ample amount of practice'. For people who wish to pursue photography, please try reading the basic photographic theory. There are a few combinations of camera settings that are solely responsible for fine **Image Quality**.

White Balance, ISO and Shutter speed are the names of camera settings which can produce the desired output. The main role for a fine and excellent image is and will always be a **HUMAN** as computers or robots can be more logical than a human but they lack an important ingredient i.e. **Creativity**. The person who sees the world from his/her lens, sees both from their **eyes**, and then through their **lens** to form an **artistic form**.

For me, as a photographer, It's a moment in time to separate from the normality of our routines and sink into the sublime pleasure of creating an art. It keeps me excited, eager to learn, and on my toes! I love photography because of the exciting moments. Photography is the perfect way to preserve one's important milestones. Photography lets you share your perspective of the world with others and lets people admire your work. This can be very rewarding, especially when you start getting some great responses from your viewers.

A hobby like photography is gaining popularity nowadays. People who manage to capture exciting moments of the surrounding reality can subtly notice the relationship between objects, their unique perspective, and their beauty.

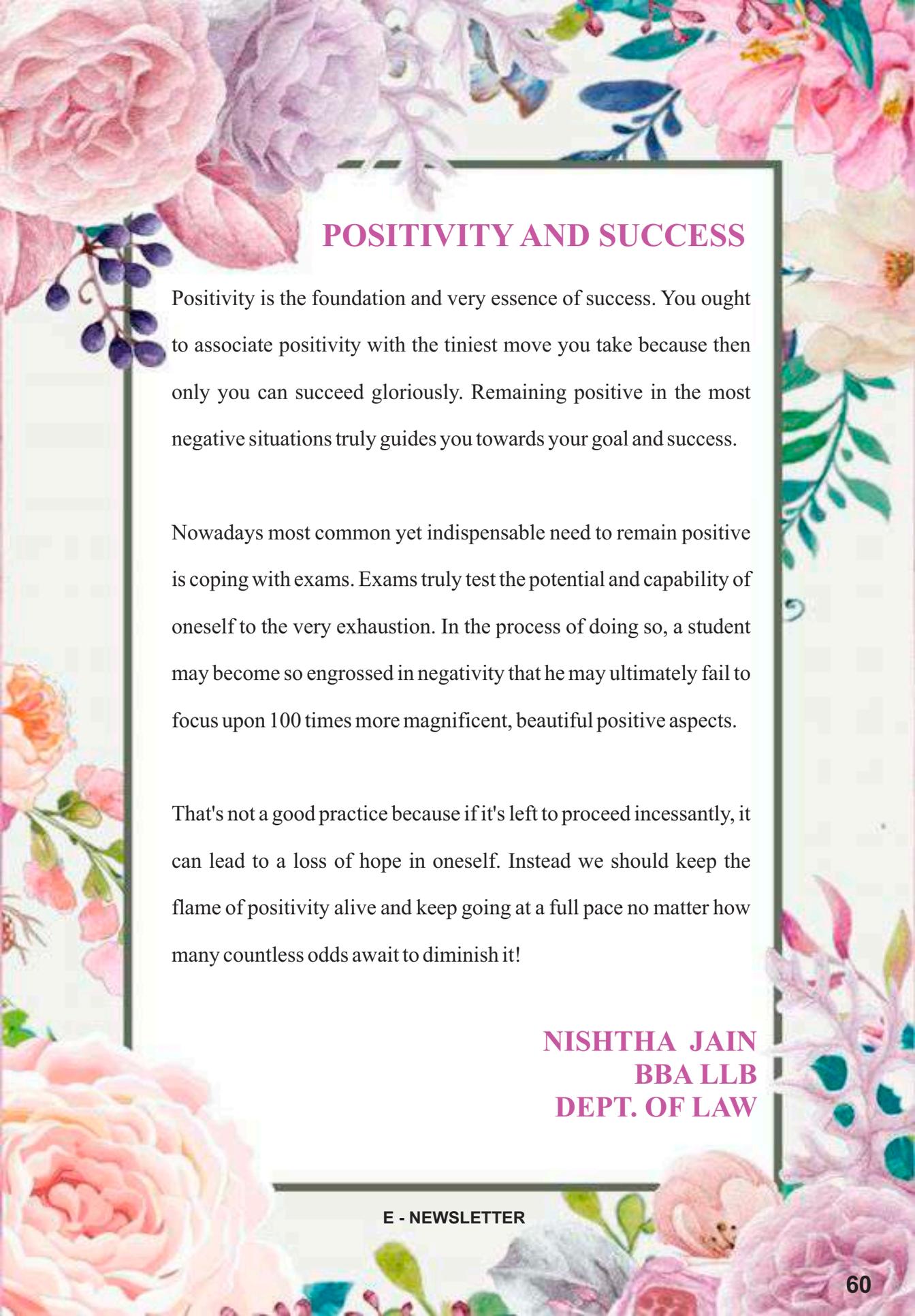
Shubham Bakshi
BBA
Dept . of Management

If you decide to take up photography and make it your hobby, then you should know a few useful points to remember:

Do not be afraid to start photographing, even without any experience.

Don't go for an expensive equipment, instead start at the bottom and climb your way up.

Get in the habit of noticing exciting moments.



POSITIVITY AND SUCCESS

Positivity is the foundation and very essence of success. You ought to associate positivity with the tiniest move you take because then only you can succeed gloriously. Remaining positive in the most negative situations truly guides you towards your goal and success.

Nowadays most common yet indispensable need to remain positive is coping with exams. Exams truly test the potential and capability of oneself to the very exhaustion. In the process of doing so, a student may become so engrossed in negativity that he may ultimately fail to focus upon 100 times more magnificent, beautiful positive aspects.

That's not a good practice because if it's left to proceed incessantly, it can lead to a loss of hope in oneself. Instead we should keep the flame of positivity alive and keep going at a full pace no matter how many countless odds await to diminish it!

NISHTHA JAIN
BBA LLB
DEPT. OF LAW

Success and Knowledge

Success can sometimes get to your head, and you may lose your way. It's important to prioritize your goals and learn who you are. Building your own identity in a world where people love putting tags is difficult. When you know and understand your strengths and weaknesses, those tags will not affect you negatively.

Knowledge should not be limited to your age. Keep an open mind to learn at every opportunity you get Education is one way to gain knowledge and learn about the world. However, there are other means through which you can learn a lot-like others' experiences, or practice.

Shubham Kumari

B.Sc. Agriculture

Dept. of Agriculture

Different Phases of Student's Life

At the time of birth we were in tears,
After a few years there were no fears,
When we were in KG, we liked only Parle-G
When we entered in 9th Std. we came in tension,
In 10th std. the preparation started for matriculation,
After passing matriculation there will be many difficult junctions,
One who faces these junctions properly he got success surely.
And one who could not, they have to live poorly.

*-Hemant Kumar
(MBA)*

Dept. of Management

एक भारत श्रेष्ठ भारत मज़हब नहीं सिखाता, आपस में बैर रखना

हिन्दू, मुस्लिम या भारतीय, कौन है हम

एक गाँव में दो बहुत अच्छे दोस्त थे, दिलीप और इकबाल ब्दमुस्लिमऋ। दोनों एक ही कम्पनी में काम करते थे और इकबाल रात में जरूरतमंदों की मदद के लिए एम्बुलेंस चलाता था।

दिलीप का एक छोटा भाई भी था विकास। विकास अभी विश्वविद्यालय में पढ़ाई कर रहा था। वह अपना पूरा दिन सामाजिक मीडिया पर बिताता था। सामाजिक मीडिया पर जो जाति और धर्म के बारे में बातें उसे ज्यादा आकर्षित करती थी। उसमें कई अफवायें भी रहती थी जिसे वह सच मान बैठता था और बाकी धर्म और जाति के लोगों के बारे में नफरत पाल लेता था।

विकास को अपने बड़े भाई का इकबाल के साथ रहना बिल्कुल पसंद नहीं था। विकास अपने बड़े भाई दिलीप से भी, इकबाल के साथ नहीं रहने के लिए कहता है और कहता है भाई सामाजिक मीडिया में मैंने देखा है यह लोग बहुत खतरनाक है। दिलीप को समझ आता है कि विकास के मन में जो इकबाल के प्रति नफरत और कड़वाहट है यह सामाजिक मीडिया के द्वारा फैलाई अफवाहों से हुई है। जो कि कई लोग नासमझी और अपने फायदे के लिए फैलाते हैं। और इसी को विकास और कई नौजवान सच समझ बैठे हैं। लेकिन दिलीप के समझाने पर भी विकास उसकी बात नहीं समझता और बाहर चला जाता है।

कुछ दिनों बाद एक दिन विकास रात के समय गाड़ी चलाकर घर आ रहा होता है तभी उसका बहुत बड़ा एक्सीडेंट हो जाता है और विकास को गहरी चोट लगती है। सुनसान सड़क पर विकास काफी देर तक लहुलुहान होकर पड़ा होता है, कुछ समय बाद इकबाल अपनी एम्बुलेंस लेकर उधर से ही जा रहा होता है तभी उसकी नज़र विकास पर पड़ती है। इकबाल एक पल भी जाया न करते हुए उसे अपनी एम्बुलेंस में लेटाकर अस्पताल लेकर जाता है। वहाँ ज्यादा खून बह जाने से डॉक्टर इकबाल को तुरन्त ए. बी. नेगेटिव ब्लड लाने को कहता है जो कि काफी दुर्लभ ब्लड ग्रुप था। लेकिन इकबाल का ब्लड ग्रुप भी किस्मत से ए.बी. नेगेटिव ही था। फिर इकबाल अपना खून विकास को देता है और विकास की जान बच जाती है। फिर इकबाल दिलीप को फोन कर के अस्पताल बुला लेता है। ऑपरेशन के बाद डॉक्टर कहते हैं कि अच्छा हुआ मरीज को सही समय पर आप यहाँ ले आये उसका बहुत खून बह चुका था अगर उसे सही समय पर खून नहीं मिलता तो उसकी जान बचाना मुमकिन नहीं होता। फिर दिलीप इकबाल का शुक्रिय अदा करता है। और जब दिलीप, इकबाल विकास से मिलते हैं तो विकास पूछता है कि मैं तो सड़क पर गिरा था मुझे यहाँ कौन लाया भाई। इस पर दिलीप कहता है विकास तुझ जिससे इतनी नफरत करते थे, जाति और धर्म की वजह से मन में नफरत रखता था और सोचता था कि इकबाल से तेरी जान को खतरा है आज उसी इकबाल ने तेरी जान बचाई।

फिर विकास रोने लगता है और इकबाल से अपनी नासमझी की माफी माँगता है और कहता है कि माफ करना इकबाल भईया। मैं सामाजिक मीडिया की अफवाहों के बहकावे में आ गया था। आज मुझे पता चल गया कि इंसानियत ही सबसे बड़ा धर्म है।

दोस्तों, मैं अपनी कहानी के माध्यम से यह संदेश देना चाहता हूँ कि दुनिया का कोई भी धर्म, मज़हब हमें नफरत करना नहीं सिखाता है। हिन्दू, मुस्लिम, सिख, ईसाई और कई धर्मों के लोग हमारे देश में कई सदियों से भाईचारे के साथ रहते आ रहे हैं। और यह ही हमारे देश की खासियत है।

दोस्तों, ये नफरत बुरी हैं न पालो इसे।

दिलों में खलीशें हो तो निकालो इसे।

न तेरा, न मेरा, न इसका, न उसका।

सबका वतन है, बचालो इसे।

॥ जय हिन्द ॥

—ध्वज कुमार

कृषि विभाग

एक भारत श्रेष्ठ भारत

प्रस्तावना:

किसी भी राष्ट्र के लिए सबसे जरूरी है, उस देश की पहचान और उस देश की समृद्धि। हमारा भारत देश भी अखण्ड है और विश्व में श्रेष्ठ है। हमारे देश में विभिन्न धर्म और समुदाय के लोग रहते हैं बावजूद इसके हमारे देश में लोगों के बीच एकता और एक-दूसरे के प्रति सम्मान की भावना देखने को मिलती है।

देश को एक करने वाले सरदार वल्लभ भाई पटेल की जन्म जयंती पर इस पहल को लागू किया है। इस पहल को लागू किया है। इस पहल का मुख्य उद्देश्य है देश में लोगों की एकता को जोड़े रखना और देश के अलग-अलग राज्यों की संस्कृति और विरासत को एक विशेष पहचान देना है।

सरकार की पहल:

भारत देश के प्रधानमंत्री श्री नरेन्द्र मोदीजी ने इस योजना को एक पहल के रूप में लागू किया है। इस पहल का शुभारम्भ 31 मार्च, 2005 को सरदार वल्लभ भाई पटेल की 140 वीं जयंती पर किया गया था। इस पहल का उद्देश्य देखें तो इसका उद्देश्य देश के सभी नागरिकों को एक समूह में बांधे रखना है। लोगों के बीच में शांति और निरपेक्षता बनी रहें। प्रधानमंत्रीजी के द्वारा इस पहल से जुड़े एवं दिये गये भाषणों में कहा गया कि यह एक ऐसी पहल है, जिससे लोगों को एक-दूसरे से जोड़ा रखा जा सकेगा और साथ ही इस पहल के माध्यम से देश के अन्य राज्यों के मध्य सांस्कृतिक संबंधों को बढ़ावा दिया जायेगा। एक-दूसरे राज्यों को जोड़ कर रखना और देश की अन्य विरासतों को संरक्षण देना भी इस पहल/योजना के उद्देश्य में सम्मिलित है।

एक भारत श्रेष्ठ भारत के सम्बन्धित तथ्य:

देश में इस पहल को लागू किया गया है और इस पहल/योजना के कुछ उद्देश्य भी निर्धारित किये गये हैं। भारत देश भौगोलिक स्थिति से काफी बड़ा है और फैला हुआ है। इस कारण से इस योजना के कुछ बिन्दु पहले से निर्धारित हैं जो इस प्रकार हैं:-

1. इस योजना को सरदार वल्लभ भाई पटेल की जन्म जयंती पर लागू किया गया है, जिसके मुख्य उद्देश्य देश में सामाजिक और धार्मिक रूप से एकता बनाये रखना है। इसके साथ ही देश के विभिन्न हिस्सों की विरासत और विभिन्न राज्यों के मध्य सांस्कृतिक संबंधों को भी बढ़ावा देना है।
2. इस योजना का उद्देश्य यह भी है कि लोग एक-दूसरे राज्य की संस्कृति और परम्परा का ज्ञान लेंगे ताकि वे देश की विभिन्न संस्कृतियों को समझ सकें।
3. हमारे देश की विशेषता "अखण्डता में एकता" है। इसी मुख्य उद्देश्य से इस पहल को लागू किया है। देश की सरकार द्वारा पूरे देश में सद्भावना और एकता को मजबूत करना है ताकि लोग एक-दूसरे राज्य की संस्कृति, कला और एकता को समझ सकें।
4. यह एक ऐसा प्रयास है, जिससे पूरे देश को आपस में एक-दूसरे से जोड़े रखना है।

लोगों में राष्ट्र के प्रति समर्पण की भावना:

हमारा भारत देश विश्व में सबसे महान माना जाता है। विश्व में भारत विश्वगुरु के रूप में भी जाना जाता है। कहते हैं कि मानव की उत्पत्ति भी इसी देश से हुई थी। हमारा देश अखण्डता में एकता का प्रतीक है, यही हमारे देश की विशेषता है, इसलिए हमारा देश एक भारत श्रेष्ठ भारत कहलाता है।

देश में लागू इस पहल के अर्न्तगत देश के अन्य राज्यों को एक दूसरे से पारस्परिक और सामाजिक स्तर पर जोड़कर रखना है। ऐसे हम यानी देश के नागरिक और देश की सरकार एक दूसरे राज्यों, विरासत और संस्कृति को लोकप्रिय कर सकेंगे। अन्य राज्यों के संगीत, फेस्टिवल और विरासत को एक दूसरे से जोड़ सकेंगे।

निष्कर्ष:

एक भारत श्रेष्ठ भारत, इस पहल के माध्यम से लोगों के मध्य एकता को बढ़ावा देना है। इसके साथ ही देश में एक दूसरे राज्यों की संस्कृति और विरासत को लोकप्रिय बनाना है। देश के अन्य राज्यों की संस्कृति, लोकगीत, संगीत और त्यौहारों को दूसरे राज्यों में लोकप्रिय बनाना भी इस पहल का उद्देश्य है।

अंतिम शब्द:

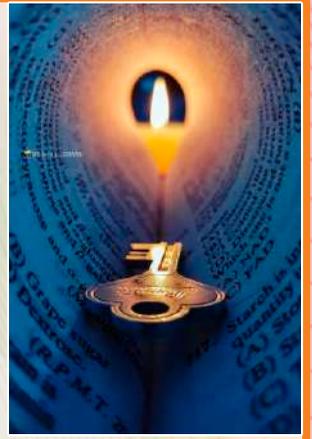
हमारा भारत देश एक देश जहाँ पर हर धर्म और समुदाय के लोग रहते हैं। हमारे देश में रहने वाले लोग हर धर्म का सम्मान करते हैं और हर धर्म को पसंद करते हैं। सब लोग एक दूसरे धर्म का सम्मान करते हैं।

मेरे सपनों का भारत कुछ ऐसा ही होना चाहिए। मेरे देश में रहने वाला नागरिक चाहें वो किसी धर्म, जाति या समुदाय का हो, सब के दिल में राष्ट्र और राष्ट्रभावना होनी चाहिए। देश में रहने वाले सभी नागरिक एक दूसरे का सम्मान करें और देश में साम्प्रदायिकता और धर्मनिरपेक्षता रखें।

-विपिन कुमार ज्योतिषी

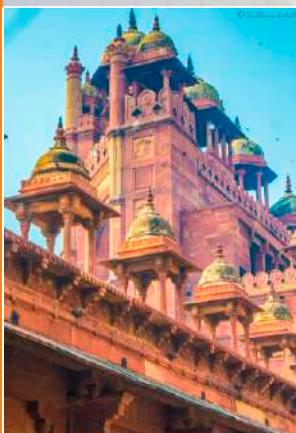
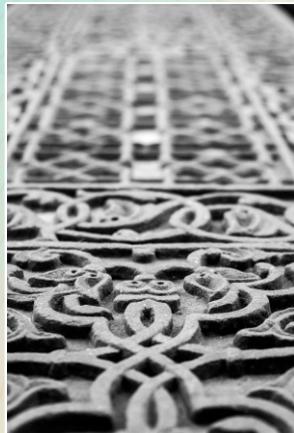
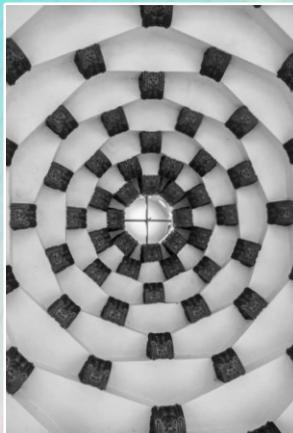
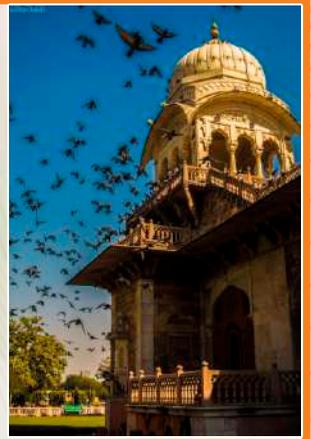
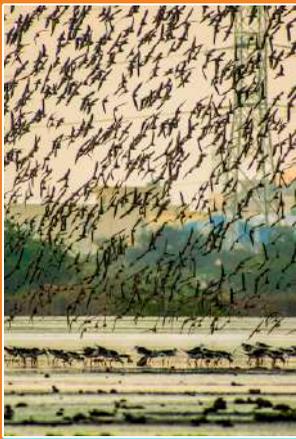
डी-फार्मा

फार्मेसी वभिाग



PHOTOGRAPHY

-Chandan
Student, B. Tech.



PHOTOGRAPHY - Shubham

Student, BBA

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- Spandan : Sports & Cultural Event
- Deeksharambh : Student Orientation Programme



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junewsletter@jagannathuniversity.org

Designed By

Mr. Akshansh Dixit
Graphic Designer,
Jagan Nath University

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Ms. Deepika Sharma

Assistant Professor
Faculty of Education